

Personal Social
Emotional
Development

Self-regulation, Managing Self, Building

Relationships



Me and my safety...

Learn about ways in which we keep ourselves safe.

Who could you talk to if you feel unsafe?

How do we stay safe around animals?

Talk about how we are safe at home and at school.

Maybe you could make a safety poster.

School and Home activities.

Spring 1 - Dinosaurs

Intent- To explore our world a
very long time ago.

Vocabulary

The past, history, extinct,
prehistoric, bones, fossils,
paleontologist, carnivore, herbivore,
omnivore,

Listening, Attention & Understanding, Speaking

Set up a dinosaur world. Find out where dinosaurs
lived. Could you include a swamp?

Play games that involve taking turns - The children have
loved playing games such as Snakes and Ladders,
Matching Pairs. (there are some great games produced by
'Orchard' that you may wish to look at on Amazon etc).

Communication and
Language

Literacy

Word Reading, Writing, Comprehension

Read stories about dinosaurs.

Talk about your favourite part of the story and why.

Find some dinosaur facts. Can you find some information that you
could bring to school to share with your class. Write it down.

Understanding
of the World

Past & Present, People, Culture & Communities, The Natural World

Find out about dinosaurs and where they used to live.

Look at fact books and videos to find out information about
dinosaurs.

Think about and talk about where the dinosaurs lived and where
they would live now.



Label and draw dinosaurs.

Look at fossils and make our own.

Look for signs of Winter. Go on a winter walk. What do you see?

Numbers, Shape / Space / Measure, Number Patterns

One more / one less.

Representing zero.

Equal and unequal groups.

Composition of numbers- addition/subtraction.

Comparing weight/ height/ length.

Measuring capacity.

Measuring time, including days of the week.

Maths

Development
Physical

Gross & Fine Motor Skills

Getting dressed for winter -appropriate clothing. Can you zip up your
coat? Put on a pair of gloves and wellies?

Develop handwriting and pencil control- play dough, threading, pegs.

Use scissors to snip and cut.

Can you learn how to skip, hop, balance on one leg.

Have a go at playing catch with a large ball and a smaller ball.

Expressive Arts
and Design

Creating with materials, Being Imaginative & Expressive



Make a dinosaur using some junk/ recycled materials.

Sing dinosaur rhymes and songs.

[https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-
dinosaurs/zv7rf4j](https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-dinosaurs/zv7rf4j)

Move like different dinosaurs.

Imagine that you are a paleontologist.

Roleplay Area:

Dinosaur cave.

Natural History Museum