



Family Support Service by SCTSP in Partnership with Staffordshire County Council

SOUTH STAFFORDSHIRE

FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES

Summer Workshop for Families

Creating Healthy and Positive Friendships

Date: Thursday 26th August: 4-5pm

A workshop for Parents and Children to access together.

Suitable for children 7 and above.

September Programmes and Workshops for Parents

4- week Programme Understanding and Managing

Defiant Behaviours and Anger in Children and Young people

Start Date: Wednesday 8th September: 1.30-2.30pm

Helping to build Self Esteem and Manage Social Anxiety in Children and Young People

Date: Monday 20th September: 1.30-2.30pm

To book your place please email your **name, date of programme and phone number** to raminderdhalwal.fss@sctsp.org.uk or

text/phone with your **name, date of programme and email address** to [07741645691](tel:07741645691).

Once you have booked onto you will be sent instructions on how to access the Workshop/Programme.

